



Charisse Sisou of Shimmy Shazam & Mirah Ammal of Al-Bahira Dance Theater present

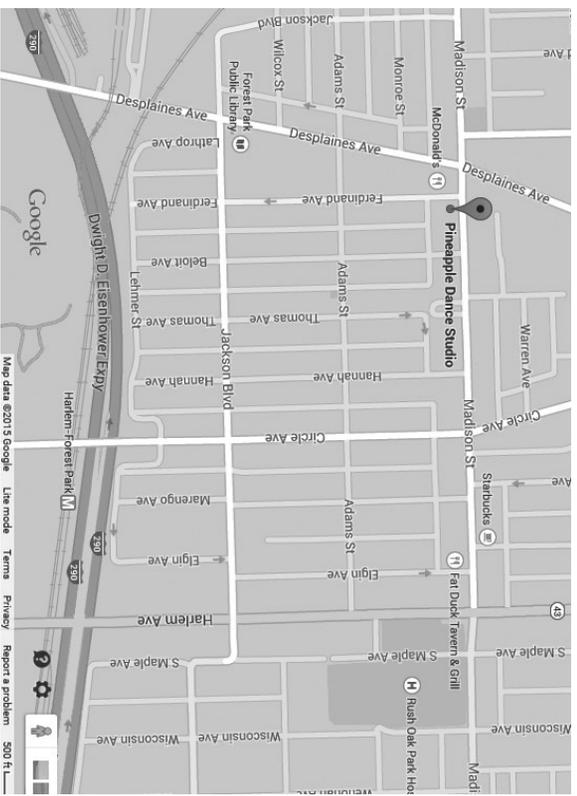
Journey Through Egypt 1

with Sahra Saeeda

**July 3 - 5, 2015
Chicago, IL**



Journey through Egypt—Chicago
Workshops held at
Pineapple Dance Studio
7518 Madison St.
Forest Park, IL



Sahra Saeeda's

Journey through Egypt 1

Twenty hours of expert dance instruction and lecture by the incomparable Sahra. Journey through Egypt I (JtE1) provides an overview of the seven dance zones of Egypt. It addresses movement, posture, clothing, history, culture and diffusion in those zones. Sahra's unique perspective follows how the dance transforms from peoples homes to the stages of Cairo.



Sahra's factual and entertaining overviews cover several dances of Egypt, including:

- Bedouin
- Ghawazee
- Cairo
- Saidii
- Nubian
- Haggallah
- Suez Canal
- Fellahin

The dances are put into the context of the local culture and histories, and their transformation from homestyle to stage is covered in depth.

The course also covers many of the rights and rituals found throughout Egypt, such as zeffah, zars and moullids.

This intensive multi-media course employs a mix of lecture, dance instruction, study materials, costume demonstrations, and video including film from Sahra's own research in Egypt.

JtE 1 is a prerequisite for all other JtE courses:

- JtE 2: Deeper into the Dance Zones
- JtE 3: Cairo (takes place in Egypt)
- JtE 4: Upper Egypt (takes place in Egypt)

Journey through Egypt 1 Intensive

Pineapple Dance Studio
7518 Madison Street, 2nd Floor
Forest Park, IL

Enrollment is strictly limited, so register early!

Start and end times subject to change; break times are approximate and subject to change.

Friday, July 3

5:30-6:00 p.m.	Registration and Check-in
6:00-10:00 p.m.	JtE Day 1 Session

Saturday, July 4

10:00 a.m.-12:00 p.m.	JtE Day 2 Morning Session
12:00-1:00 p.m.	Lunch break
1:00-5:00 p.m.	JtE Day 2 Afternoon Session
5:00-6:00 p.m.	Dinner break
6:00-10:00 p.m.	JtE Day 2 Evening Session

Sunday, July 5

11:00 a.m.-1:00 p.m.	JtE Day 3 Morning Session
1:00-2:00	Lunch break
2:00-5:00	JtE Day 3 Afternoon Session

Students should bring: Dance shoes, writing implement, laptop or extra paper. Study guide materials will be provided.

No photos or videotaping during the sessions without instructor permission.

Sahra Saeeda, Journey through Egypt, Charisse Sisou, Shimmy Shazam, Mirah Ammal, Al-Bahira Dance Theater, Erika Ochoa and Pineapple Dance Studio assume no responsibility for injury, theft, or loss of property incurred during the workshops or other participation in this event. All participants understand participation is at their own risk.

Journey Through Egypt 1 July 3-5, 2015

Registration

Register **online** at shimmyshazam.com,
call 815-701-4359
~ or ~ **mail** this registration form

Choose your registration option:

- _____ \$375 full registration
- _____ \$135 down payment on payment plan
Payment Plan rules: Payment may be split into three monthly payments of \$135 or two payments of a \$135 down payment the first month and \$255 balance payment the second month. All payment plans must be paid in full by June 30, 2015.

Total enclosed _____

Name: _____

Address (Street address, city, state & ZIP) _____

Phone: _____

Email: _____

Register early—space is limited.

Please make checks payable to **Charisse Sisou**

Mail Registration to:

1120 Waterford Cut
Crystal Lake, IL 60014

All fees are **non-refundable**.

For additional information, updates, or travel and lodging recommendations, visit
www.shimmyshazam.com or **www.albahira.org**